



Coyote Lake Lodge

Wellness in Nature Centre

Our Mission:

to enable more citizens with a disability, seniors, and others to improve their health and to enjoy our natural Alberta outdoor heritage all through the year.

a project of
ALBERTA ABILITIES LODGES SOCIETY



The Need

Alberta has more than 400,000 citizens with a physical or cognitive disability and a similar number are seniors, many with health issues. These demographic groups are growing in number. Individuals become isolated due to lack of suitable outdoor equipment, facilities, and transportation. Depression often occurs in the shorter days of autumn and with the perceived or real impediments of ice and snow. All citizens should have health and exercise opportunities while enjoying Alberta's nature and legacies all through the year.

A Solution

The Alberta Abilities Lodges Society is developing Coyote Lake Lodge as a low environmental footprint, fully-accessible, and family-oriented lodge of universal design that provides comfortable, safe, and accessible wilderness experiences. Our 30 bed facility will provide overnight accommodation and programming in wellness, nature, and Alberta legacies to individuals, families, and service groups of all cultural backgrounds.

Our 195 hectare property is located 60km directly west of Leduc and the Edmonton International Airport on Hwy 39, then Hwy 622, then Township Road 500 (all paved roads), and then, at our sign, turn north on Range Road 43 for 300 metres to our second sign and laneway.



Our 18x27 metre *Main Building* has a 110 m² deck, 40-person dining room, commercial kitchen, meeting room, library, three accessible washrooms, and three accessible bedrooms.



Four, two-bedroom *Cabins* (9x9 m) are connected to the main building by short concrete pathways. Cabins 1&2 are now accessible to wheelchairs with new ramps and floor-level bedrooms, bathrooms, kitchens, and dining areas.



2018 Spring Open House



A *Wellness in Nature (WIN) Centre* with a Reception Centre, exercise equipment, and change room will be developed in the present 10x12 m recreation building. For Trekkers, we have year-round *Trails* built through the habitat of coyotes, moose, elk, and deer on our land and to Coyote Lake. We have adapted equipment to assist those with mobility issues.



2018 Spring Open House

For guests who believe in *Garden Therapy*, we have *Gardens* that have been producing vegetables. Orchards have been planted for fruit production to support the lodge and food banks.



We have a *Service Centre*, with a *Repair Shop* (13x23 m), *Double Car Garage*, and *Storage Sheds* that expedite repairs and provide storage for building supplies, landscaping machinery, and outdoor adapted equipment.



Repurpose, Repair, and Renovate

We received title to the property on October 13, 2015 and we have welcomed donors and volunteers (350 to 600 person-days per year) to support our vision

The main building is already accessible; cabins are a work-in-progress

We opened to guests on Centennial Canada Day - July 1, 2017

Goals for 2019

This is our second year of *Programming* even though we will continue to lower our environmental footprint and develop more accessible cabins. We will be expanding and equipping the *Wellness in Nature (WIN) Centre*.

Gardens, orchards, and trails continue to be developed so seniors and persons with a disability can have more fun in the sun.

Innovative programs will attract persons with a disability and seniors as well as other local and provincial service groups and schools.

We hope to increase our endowment funds to support travel to our lodge by individuals and family groups with limited finances. Please sponsor a bus trip.

Please Support Us

Financial support, in-kind contributions, and volunteer days will be celebrated on the walls of Coyote Lodge, at events, in annual reports, and on websites.

As a Canadian Registered Charity #844248617RR0001 the Alberta Abilities Lodges Society issues receipts for tax purposes.

Make cheques payable to: AALS or Alberta Abilities Lodges Society and mail to:

Alberta Abilities Lodges Society
PO Box 4455
Edmonton, Alberta T6E 4T5

Check out our photo album on Facebook:

"Coyote Lake Lodge Alberta"

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